Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Uyttersprot Katrien

Coaches: Dzalbo Anastasija HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 100M FREESTYLE MIXED 10-9 — Heat:3, starttime: 14:05

Heat: 3/6 Lane : 5 Athlete: VAN DER MEEREN NORA — **Q-time: 01:39:76**

PB (25m pool): 01:39.76 Zwembad De Motte 20/06/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:46.65		01:39.76	
		00:46.65		*00:53.11*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M FREESTYLE MIXED 10-9 — Heat:4, starttime: 14:07

Heat: 4/6 Lane : 3 Athlete: VAN LAER MILLA — **Q-time: 01:33:20**

PB (25m pool): 01:33.20 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:41.76 **SB:** 01:33.20 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.01		01:33.20	
		00:44.01		*00:49.19*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M FREESTYLE MIXED 10-9 — Heat:5, starttime: 14:09

Heat: 5/6 Lane : 6 Athlete: HUYBENS MARTHE — **Q-time: 01:32:52**

PB (25m pool): 01:32.52 Dilbeek 10/05/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:43.62		01:32.52	
		00:43.62		*00:48.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 1: 100M FREESTYLE MIXED 10-9 — Heat:6, starttime: 14:11

Heat: 6/6 Lane : 6 Athlete: VAN DE GUCHT TIBO — **Q-time: 01:22:39**

PB (25m pool): 01:22.39 Tienen 27/09/2026 **PB (50m pool):** 01:23.52 **SB:** 01:22.39 Tienen 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:40.00		01:22.39	
		00:40.00		*00:42.39*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+ — Heat:6, starttime: 14:28

Heat: 6/8 Lane : 2 Athlete: VERHASSELT LARS — **Q-time: 01:17:48**

PB (25m pool): 01:17.48 Kapelle-op-den-Bos 11/10/2026 **PB (50m pool):** 01:20.73 **SB:** 01:17.48 Kapelle-op-den-Bos 11/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.60		01:17.48	
		00:37.60		*00:39.88*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+ — Heat:7, starttime: 14:30

Heat: 7/8 Lane : 3 Athlete: VANSTECHELMAN LUCAS — **Q-time: 01:09:82**

PB (25m pool): 01:09.82 Zaventem 16/02/2025 **PB (50m pool):** 01:13.13 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:34.07		01:09.82	
		00:34.07		*00:35.75*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+ — Heat:8, starttime: 14:32

Heat: 8/8 Lane : 1 Athlete: PUTTAERT ARTHUR — **Q-time: 01:08:71**

PB (25m pool): 01:08.71 Vilvoorde 01/03/2026 **PB (50m pool):** 01:13.33 **SB:** 01:10.12 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.01		01:08.71	
		00:33.01		*00:35.70*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 2: 100M BACKSTROKE MEN 11+ — Heat:8, starttime: 14:32

Heat: 8/8 Lane : 4 Athlete: VANOLANDE THIBAULT — **Q-time: 01:06:10**

PB (25m pool): 01:06.10 LEUVEN 21/12/2025 **PB (50m pool):** 01:08.15 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:31.55		01:06.10	
		00:31.55		*00:34.55*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+ — Heat:8, starttime: 14:32

Heat: 8/8 Lane : 5 Athlete: TRONCKOE KOBE — **Q-time: 01:08:48**

PB (25m pool): 01:08.48 Ternat 29/03/2026 **PB (50m pool):** 01:12.45 **SB:** 01:10.35 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.51		01:08.48	
		00:33.51		*00:34.97*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BREASTSTROKE WOMEN 11+ — Heat:4, starttime: 14:42

Heat: 4/7 Lane : 4 Athlete: VERMEIR JOSEFIEN — **Q-time: 01:38:44**

PB (25m pool): 01:38.44 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:45.72 **SB:** 01:38.44 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:47.00		01:38.44	
		00:47.00		*00:51.44*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BREASTSTROKE WOMEN 11+ — Heat:4, starttime: 14:42

Heat: 4/7 Lane : 6 Athlete: VERMOESEN ESTéE — **Q-time: 01:41:04**

PB (25m pool): 01:41.04 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 01:44.22 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:47.30		01:41.04	
		00:47.30		*00:53.74*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 3: 100M BREASTSTROKE WOMEN 11+ — Heat:5, starttime: 14:44

Heat: 5/7 Lane : 3 Athlete: DELCOIGNE ELLA — **Q-time: 01:34:65**

PB (25m pool): 01:34.09 Diksmuide 01/11/2026 **PB (50m pool):** 01:39.56 **SB:** 01:34.09 Diksmuide 01/11/2026

	25 M	50 M	75 M	100 M	
PB		00:44.65		01:34.09	
		00:44.65		*00:49.44*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BREASTSTROKE WOMEN 11+ — Heat:6, starttime: 14:46

Heat: 6/7 Lane : 2 Athlete: VAN ROY ONAH — **Q-time: 01:31:13**

PB (25m pool): 01:31.13 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:37.34 **SB:** 01:31.13 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.05		01:31.13	
		00:43.05		*00:48.08*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BREASTSTROKE WOMEN 11+ — Heat:7, starttime: 14:48

Heat: 7/7 Lane : 4 Athlete: NDIAYE MAï — **Q-time: 01:21:57**

PB (25m pool): 01:21.15 Diksmuide 01/11/2026 **PB (50m pool):** 01:23.86 **SB:** 01:21.15 Diksmuide 01/11/2026

	25 M	50 M	75 M	100 M	
PB		00:38.49		01:21.15	
		00:38.49		*00:42.66*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BREASTSTROKE WOMEN 11+ — Heat:7, starttime: 14:48

Heat: 7/7 Lane : 5 Athlete: WYFFELS LOUISE MARIE — **Q-time: 01:25:21**

PB (25m pool): 01:25.21 Leuven 04/10/2026 **PB (50m pool):** 01:31.58 **SB:** 01:25.21 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.26		01:25.21	
		00:40.26		*00:44.95*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 4: 100M FREESTYLE MEN 11+ — Heat:2, starttime: 14:53

Heat: 2/7 Lane : 3 Athlete: VANDEPITTE KYAN — **Q-time: 01:11:72**

PB (25m pool): 01:11.72 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:13.37 **SB:** 01:11.72 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.27		01:11.72	
		00:34.27		*00:37.45*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 11+ — Heat:5, starttime: 14:58

Heat: 5/7 Lane : 5 Athlete: JACQUEMYNS KOBE — **Q-time: 01:03:58**

PB (25m pool): 01:03.05 Diksmuide 01/11/2026 **PB (50m pool):** 01:04.12 **SB:** 01:03.05 Diksmuide 01/11/2026

	25 M	50 M	75 M	100 M	
PB		00:30.07		01:03.05	
		00:30.07		*00:32.98*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 11+ — Heat:6, starttime: 15:00

Heat: 6/7 Lane : 2 Athlete: DELCOIGNE NATHAN — **Q-time: 00:59:81**

PB (25m pool): 00:59.81 Leuven 04/10/2026 **PB (50m pool):** 01:00.98 **SB:** 00:59.81 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:28.82		00:59.81	
		00:28.82		*00:30.99*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 11+ — Heat:6, starttime: 15:00

Heat: 6/7 Lane : 3 Athlete: TRONCKOE KOBE — **Q-time: 00:57:91**

PB (25m pool): 00:57.91 Leuven 04/10/2026 **PB (50m pool):** 00:59.85 **SB:** 00:57.91 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:27.89		00:57.91	
		00:27.89		*00:30.02*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 4: 100M FREESTYLE MEN 11+ — Heat:7, starttime: 15:01

Heat: 7/7 Lane : 5 Athlete: VANSTECHELMAN LUCAS — **Q-time: 00:55:87**

PB (25m pool): 00:55.87 Leuven 04/10/2026 — **PB (50m pool):** 00:58.09 **SB:** 00:55.87 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:27.01		00:55.87	
		00:27.01		*00:28.86*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BUTTERFLY WOMEN 11+ — Heat:2, starttime: 15:05

Heat: 2/5 Lane : 4 Athlete: VERMEIR JOSEFIEN — **Q-time: 01:38:06**

PB (25m pool): no time — **PB (50m pool):** 01:38.06 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BUTTERFLY WOMEN 11+ — Heat:3, starttime: 15:08

Heat: 3/5 Lane : 6 Athlete: DE WILDE HANNE — **Q-time: 01:36:44**

PB (25m pool): 01:36.44 Ternat 14/12/2025 — **PB (50m pool):** 01:36.72 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:43.02		01:36.44	
		00:43.02		*00:53.42*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BUTTERFLY WOMEN 11+ — Heat:4, starttime: 15:10

Heat: 4/5 Lane : 5 Athlete: DELCOIGNE ELLA — **Q-time: 01:20:56**

PB (25m pool): 01:18.51 Diksmuide 01/11/2026 — **PB (50m pool):** 01:20.56 **SB:** 01:18.51 Diksmuide 01/11/2026

	25 M	50 M	75 M	100 M	
PB		00:35.42		01:18.51	
		00:35.42		*00:43.09*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 5: 100M BUTTERFLY WOMEN 11+ — Heat:4, starttime: 15:10

Heat: 4/5 Lane : 6 Athlete: VERMOESEN ESTéE — **Q-time: 01:23:15**

PB (25m pool): 01:23.15 Zaventem 15/07/2025 **PB (50m pool):** 01:25.49 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.55		01:23.15	
		00:37.55		*00:45.60*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BUTTERFLY WOMEN 11+ — Heat:5, starttime: 15:12

Heat: 5/5 Lane : 6 Athlete: WYFFELS LOUISE MARIE — **Q-time: 01:12:27**

PB (25m pool): 01:12.27 Kapelle-op-den-Bos 11/10/2026 **PB (50m pool):** 01:16.74 **SB:** 01:12.27 Kapelle-op-den-Bos 11/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.77		01:12.27	
		00:33.77		*00:38.50*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MIXED 10-9 — Heat:4, starttime: 15:22

Heat: 4/6 Lane : 3 Athlete: HUYBENS MARTHE — **Q-time: 01:53:13**

PB (25m pool): 01:53.13 Tienen 27/09/2026 **PB (50m pool):** no time **SB:** 01:53.13 Tienen 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:53.61		01:53.13	
		00:53.61		*00:59.52*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MIXED 10-9 — Heat:5, starttime: 15:25

Heat: 5/6 Lane : 2 Athlete: VAN DER MEEREN NORA — **Q-time: 01:50:66**

PB (25m pool): 01:50.66 Zwembad De Motte 20/06/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:52.11		01:50.66	
		00:52.11		*00:58.55*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 6: 100M BREASTSTROKE MIXED 10-9 — Heat:5, starttime: 15:25

Heat: 5/6 Lane : 4 Athlete: VAN LAER MILLA — **Q-time: 01:49:21**

PB (25m pool): 01:49.21 Tienen 27/09/2026 **PB (50m pool):** 01:56.39 **SB:** 01:49.21 Tienen 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:53.12		01:49.21	
		00:53.12		*00:56.09*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MIXED 10-9 — Heat:6, starttime: 15:27

Heat: 6/6 Lane : 2 Athlete: VAN DE GUCHT TIBO — **Q-time: 01:42:95**

PB (25m pool): 01:42.95 Zwembad De Motte 20/06/2026 **PB (50m pool):** 01:49.04 **SB:** 01:44.96 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:48.43		01:42.95	
		00:48.43		*00:54.52*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:4, starttime: 15:56

Heat: 4/7 Lane : 1 Athlete: VERMEIR JOSEFIEN — **Q-time: 01:23:38**

PB (25m pool): 01:23.38 Kapelle-op-den-Bos 11/10/2026 **PB (50m pool):** no time **SB:** 01:23.38 Kapelle-op-den-Bos 11/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:23.38	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:4, starttime: 15:56

Heat: 4/7 Lane : 4 Athlete: VERMOESEN ESTéE — **Q-time: 01:23:04**

PB (25m pool): 01:23.04 Kapelle-op-den-Bos 19/04/2026 **PB (50m pool):** no time **SB:** 01:23.36 Kapelle-op-den-Bos 11/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:23.04	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:5, starttime: 15:58

Heat: 5/7 Lane : 2 Athlete: DELCOIGNE ELLA — **Q-time: 01:19:15**

PB (25m pool): 01:19.15 Leuven 04/10/2026 **PB (50m pool):** no time **SB:** 01:19.15 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.94		01:19.15	
		00:35.94		*00:43.21*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:6, starttime: 16:00

Heat: 6/7 Lane : 4 Athlete: VAN ROY ONAH — **Q-time: 01:17:11**

PB (25m pool): 01:17.11 Ternat 29/03/2026 **PB (50m pool):** no time **SB:** 01:17.80 Kapelle-op-den-Bos 11/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:17.11	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:7, starttime: 16:02

Heat: 7/7 Lane : 1 Athlete: NDIAYE MAï — **Q-time: 01:14:46**

PB (25m pool): 01:14.46 Leuven 04/10/2026 **PB (50m pool):** no time **SB:** 01:14.46 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.76		01:14.46	
		00:34.76		*00:39.70*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+ — Heat:2, starttime: 16:06

Heat: 2/4 Lane : 2 Athlete: VANDEPITTE KYAN — **Q-time: 01:24:57**

PB (25m pool): 01:24.57 Kapelle-op-den-Bos 11/10/2026 **PB (50m pool):** no time **SB:** 01:24.57 Kapelle-op-den-Bos 11/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:24.57	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 8: 100M MEDLEY MEN 11+ — Heat:3, starttime: 16:09

Heat: 3/4 Lane : 1 Athlete: VERHASSELT LARS — **Q-time: 01:15:93**

PB (25m pool): 01:15.93 Kapelle-op-den-Bos 11/10/2026 **PB (50m pool):** no time **SB:** 01:15.93 Kapelle-op-den-Bos 11/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:15.93	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+ — Heat:3, starttime: 16:09

Heat: 3/4 Lane : 5 Athlete: JACQUEMYNS KOBE — **Q-time: 01:14:33**

PB (25m pool): 01:14.33 Kapelle-op-den-Bos 11/10/2026 **PB (50m pool):** no time **SB:** 01:14.33 Kapelle-op-den-Bos 11/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:14.33	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+ — Heat:4, starttime: 16:10

Heat: 4/4 Lane : 2 Athlete: PUTTAERT ARTHUR — **Q-time: 01:09:41**

PB (25m pool): 01:09.41 Kapelle-op-den-Bos 21/04/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:09.41	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BACKSTROKE WOMEN 11+ — Heat:3, starttime: 16:19

Heat: 3/4 Lane : 5 Athlete: DE WILDE HANNE — **Q-time: 01:26:13**

PB (25m pool): 01:26.13 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 01:27.21 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:42.29		01:26.13	
	00:42.29		*00:43.84*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 9: 100M BACKSTROKE WOMEN 11+ — Heat:4, starttime: 16:21

Heat: 4/4 Lane : 2 Athlete: VAN ROY ONAH — **Q-time: 01:14:19**

PB (25m pool): 01:14.19 Meise 21/06/2026 **PB (50m pool):** 01:16.54 **SB:** 01:17.41 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.94		01:14.19	
		00:35.94		*00:38.25*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:4, starttime: 16:31

Heat: 4/6 Lane : 2 Athlete: VERHASSELT LARS — **Q-time: 01:27:75**

PB (25m pool): 01:27.75 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:34.83 **SB:** 01:27.75 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:41.83		01:27.75	
		00:41.83		*00:45.92*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:4, starttime: 16:31

Heat: 4/6 Lane : 4 Athlete: TRONCKOE KOBE — **Q-time: 01:27:74**

PB (25m pool): 01:27.74 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:34.96 **SB:** 01:27.74 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.81		01:27.74	
		00:40.81		*00:46.93*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:5, starttime: 16:33

Heat: 5/6 Lane : 5 Athlete: JACQUEMYNS KOBE — **Q-time: 01:23:73**

PB (25m pool): 01:23.73 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:30.93 **SB:** 01:23.73 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:39.83		01:23.73	
		00:39.83		*00:43.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:6, starttime: 16:35

Heat: 6/6 Lane : 1 Athlete: VANOLANDE THIBAULT — **Q-time: 01:17:79**

PB (25m pool): 01:17.79 LEUVEN 21/12/2025 **PB (50m pool):** 01:22.28 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:35.90		01:17.79	
		00:35.90		*00:41.89*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:6, starttime: 16:35

Heat: 6/6 Lane : 2 Athlete: DELCOIGNE NATHAN — **Q-time: 01:14:33**

PB (25m pool): 01:14.33 Zwembad De Motte 14/07/2026 **PB (50m pool):** 01:16.93 **SB:** 01:14.43 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.52		01:14.33	
		00:34.52		*00:39.81*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:6, starttime: 16:35

Heat: 6/6 Lane : 5 Athlete: PUTTAERT ARTHUR — **Q-time: 01:17:39**

PB (25m pool): 01:17.39 Leuven 04/10/2026 **PB (50m pool):** 01:18.20 **SB:** 01:17.39 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.34		01:17.39	
		00:36.34		*00:41.05*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+ — Heat:4, starttime: 16:44

Heat: 4/7 Lane : 3 Athlete: DE WILDE HANNE — **Q-time: 01:11:84**

PB (25m pool): 01:14.22 Sint-Pieters-Leeuw 05/10/2025 **PB (50m pool):** 01:11.84 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:35.80		01:14.22	
		00:35.80		*00:38.42*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 11: 100M FREESTYLE WOMEN 11+ — Heat:6, starttime: 16:47

Heat: 6/7 Lane : 4 Athlete: NDIAYE MAï — **Q-time: 01:05:94**

PB (25m pool): 01:03.48 Diksmuide 01/11/2026 **PB (50m pool):** 01:06.10 **SB:** 01:03.48 Diksmuide 01/11/2026

	25 M	50 M	75 M	100 M	
PB		00:30.92		01:03.48	
		00:30.92		*00:32.56*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+ — Heat:7, starttime: 16:49

Heat: 7/7 Lane : 6 Athlete: WYFFELS LOUISE MARIE — **Q-time: 01:05:25**

PB (25m pool): 01:05.25 Leuven 04/10/2026 **PB (50m pool):** 01:05.40 **SB:** 01:05.25 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:31.55		01:05.25	
		00:31.55		*00:33.70*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BUTTERFLY MEN 11+ — Heat:1, starttime: 16:51

Heat: 1/4 Lane : 3 Athlete: VANDEPITTE KYAN — **Q-time: 01:37:20**

PB (25m pool): 01:37.20 Kapelle-op-den-Bos 11/10/2026 **PB (50m pool):** 01:39.98 **SB:** 01:37.20 Kapelle-op-den-Bos 11/10/2026

	25 M	50 M	75 M	100 M	
PB		00:42.01		01:37.20	
		00:42.01		*00:55.19*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BUTTERFLY MEN 11+ — Heat:3, starttime: 16:55

Heat: 3/4 Lane : 5 Athlete: DELCOIGNE NATHAN — **Q-time: 01:11:73**

PB (25m pool): 01:11.73 Kapelle-op-den-Bos 11/10/2026 **PB (50m pool):** 01:15.96 **SB:** 01:11.73 Kapelle-op-den-Bos 11/10/2026

	25 M	50 M	75 M	100 M	
PB		00:32.97		01:11.73	
		00:32.97		*00:38.76*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 12: 100M BUTTERFLY MEN 11+ — Heat:4, starttime: 16:57

Heat: 4/4 Lane : 5 Athlete: VANOLANDE THIBAULT — **Q-time: 01:05:48**

PB (25m pool): 01:07.90 Temse 17/11/2025 **PB (50m pool):** 01:05.48 **SB:** no time

	25M	50M	75M	100M	
PB		00:30.87		01:07.90	
		00:30.87		*00:37.03*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BUTTERFLY MEN 11+ — Heat:4, starttime: 16:57

Heat: 4/4 Lane : 6 Athlete: VANSTECHELMAN LUCAS — **Q-time: 01:06:30**

PB (25m pool): 01:06.30 LEUVEN 23/11/2025 **PB (50m pool):** 01:10.70 **SB:** no time

	25M	50M	75M	100M	
PB		00:30.69		01:06.30	
		00:30.69		*00:35.61*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 4x100M MEDLEY WOMEN 11+ — Heat:2, starttime: 17:16

Heat: 2/2 Lane : 4 Athlete: TEAM DDAT 1 — **Q-time: 04:52:63**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 14: 4x100M MEDLEY MEN 11+ **Heat:2, starttime: 17:29**

Heat: 2/2 Lane : 2 Athlete: TEAM DDAT 1 **Q-time: 04:24:83**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: